

BATTLE OF FATES



RIZ MIRZA / 56

"THE HEAVY METAL SHAMAN"


WEST HILLS, CA

HT: BRONX, NY

SHAMAN

MARRIED / 5 STEPKIDS

 [@rizthepsychic](#)

 [@metamysticpodcast](#)

MODALITIES

PSYCHIC MEDIUM / SHAMAN

ABOUT

- Riz Mirza is a shaman, psychic medium, trance channeler, and former heavy metal frontman whose look completely breaks the stereotype of a traditional spiritual teacher. Covered in tattoos with a shaved head and eyeliner, Riz proudly embraces the title "The Heavy Metal Shaman."
- Born in Harlem to immigrant parents from India and raised in the Bronx, Riz grew up shy, artistic, and deeply sensitive in a rough neighborhood. While other kids escaped through sports or street life, Riz found his voice through heavy metal music, eventually fronting bands across New York throughout his teens and twenties.
- Riz says his spiritual experiences began in childhood while growing up in what he describes as a haunted house. He remembers sensing spirits, hearing voices, and experiencing intense paranormal activity while his family largely dismissed it.
- The two defining moments of his life came through devastating loss. Riz lost his mother to cancer as a teenager, which pushed him deeper into music and performance. Years later, at 27, his older brother suddenly died from a heart attack, sending Riz into a severe depression and triggering the spiritual awakening that changed his life forever.
- Desperate for answers, Riz visited a psychic channeler in New York City who told him he was destined for spiritual work, not music. He ignored the message for years until one life-changing moment on a New York subway, when he unexpectedly gave a completely accurate cold reading to a stranger sitting beside him on the D train. Riz says that moment changed everything.
- He has hosted retreats in India, Egypt, Sedona, Japan, and beyond while building a massive online audience through his podcast and live readings. Riz has also worked with celebrity clients, including Kim Kardashian, though he jokes celebrities stop coming to him because he refuses to tell people only what they want to hear.



CASTING NOTES:

N/A